



# **Prudentia Education Relationships and Sex Education Policy**

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## 1. Aims

The aims of relationships and sex education (RSE) at our school are to ensure students learn about:

- Different types of relationships, including friendships, family relationships, intimate relationships, dealing with strangers
- How to recognise, understand and build healthy relationships, including self-respect and respect for others, commitment, tolerance, boundaries and consent, and how to manage conflict, and also how to recognise unhealthy relationships;
- How relationships may affect health and wellbeing, including mental health;
- Healthy relationships and safety online; and
- Factual knowledge around sex, sexual health and sexuality, set firmly within the context of relationships.

The aims above are in line with the core expectations that we promote to all students: maintain a positive attitude, show respect for all and display high levels of commitment to being the best you can be.

## 2. Statutory requirements

Under 'Policy statement: relationships education, relationships and sex education, and personal, social, health and economic education', RSE became statutory in all schools from September 2019. Secondary schools must have regard to guidance issued by the secretary of state as outlined in section 403 of the Education Act 1996.

## 3. Definition

RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

RSE involves a combination of sharing information, and exploring issues and values.

**RSE is not about the promotion of sexual activity.**

## 4. Content of RSE curriculum

Prudentia Education have created an inclusive RSE curriculum which complies with the statutory requirements by the Dfe for secondary schools. By the end of secondary school our students will have developed knowledge of the following areas:

- Families
- Respectful relationships, including friendships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health

Understanding the law is important and pupils will be made aware of the relevant legal provisions when relevant topics are being taught, including:

- Marriage
- Consent, including the age of consent

- Violence against women and girls
- Online behaviours including image and information sharing (including 'sexting',
- Youth-produced sexual imagery, nudes, etc.)
- Pornography
- Abortion
- Sexuality
- Gender identity
- Substance misuse
- Violence and exploitation by gangs
- Extremism/radicalisation
- Criminal exploitation (for example, through gang involvement or 'county lines' drugs operations)
- Hate crime
- Female genital mutilation (FGM)

## 5. Delivery of RSE

RSE is taught within the school's personal, social, health and economic (PSHE) education curriculum.

Across all Key Stages, pupils will be supported with developing the following skills:

- Communication, including how to manage changing relationships and emotions
- Recognising and assessing potential risks
- Assertiveness
- Seeking help and support when required
- Informed decision-making
- Self-respect and empathy for others
- Recognising and maximising a healthy lifestyle
- Managing conflict
- Discussion and group work

Prudentia Education staff will sensitively deliver all aspects of the RSE curriculum in school. RSE subject lead, **Phil Clarke**, will be responsible for overseeing the delivery of the RSE curriculum by Prudentia Education staff. Prudentia Education teaching staff will deliver the curriculum in school assisted by the support staff in the wider delivery of the RSE curriculum, these staff members are:

- Sara Makin
- Lewis Stelfox
- Jamie Lyon
- Peter Renner
- Christian Adeniran

- Julie Dunbavin
- Mick Smith

Prudentia Education staff have participated in RSE training to ensure that all teachers and school staff are aware of and confident in carrying out their roles and responsibility in relation to RSE issues which arise in the school.

## **6. Roles and responsibilities**

### **6.1 The Management Committee**

The management committee will approve the RSE policy and hold the Principal to account for its implementation.

### **6.2 The Principal**

The Principal is responsible for ensuring that RSE is taught consistently across the school, and for managing requests to withdraw pupils from non-statutory components of RSE (see section 6).

### **6.3 Staff**

Staff are responsible for:

- Delivering RSE in a sensitive way
- Modelling positive attitudes to RSE
- Monitoring progress
- Responding to the needs of individual pupils
- Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSE

Staff do not have the right to opt out of teaching RSE. Staff who have concerns about teaching RSE are encouraged to discuss this with the Principal.

### **6.4 Pupils**

Pupils are expected to engage fully in RSE and, when discussing issues related to RSE, treat others with respect and sensitivity. This response is in line with our core values of maintaining a positive attitude, respect for others at all times and displaying high levels of commitment.

## **7. Parents' right to withdraw**

Parents' have the right to withdraw their children from the non-statutory components of RSE.

Parents can identify when RSE is being covered by referring to the PHSE Scheme of Work document on the school website .

Requests for withdrawal should be put in writing and addressed to the Principal. A copy of withdrawal requests will be placed in the pupil's educational record. The Principal will discuss the request with parents and take appropriate action.

Appropriate alternative work will be given to pupils who are withdrawn from RSE.

## **8. Training**

Staff are trained on the delivery of RSE by professionals such Brook, Axess, School Nurses and or other sexual health professionals who will also assist with support and

delivery. Training will take place on INSET days and during CPD twilight sessions.

This policy will be reviewed every year by SLT and at every review, the policy will be approved by the management committee.

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<b>May 2022</b>	<b>1</b>	<b>SLT &amp; Management Committe</b>	<b>21.6.22</b>	<b>August 2023</b>

## Appendix 1 Prudentia Education RSE Consent Form



### Prudentia Education RSE Consent

During the academic year we will be teaching RSE (Relationships and Sex Education) to our pupils. Please use this form to give your consent for your child to participate in the lessons. If you do not consent, please could you give us a few details about what you wish your child to be removed from.

Child's first name

Child's surname

Child's year group

I consent to my child participating in ALL of the RSE lessons (please tick)

I DO consent (please tick)

If you do not consent to your child participating, please could you give us a few details about what you do not want your child to participate in.

**Please return your RSE consent form before your child starts their placement at Prudentia Education. If you do not return the form, we will automatically opt your child into the RSE lessons.**